

Appendix C: Standard IUSA Sailing Instructions

VERSION 1

Effective from 1st Sept 2006

1 Rules

- 1.1 Racing will be governed by the *rules* as defined in the Racing Rules of Sailing, the Notice of Race and IUSA prescriptions.
- 1.2 A boat that *finishes* (as defined) may not thereafter correct any error to comply with rule 28.1. This amends rule 28.1.
- 1.3 A boat scored NSF, no start/finish, by the race committee in accordance with these sailing instructions will be scored, without a hearing, points equal to the number of boats entitled to race. This amends rules D3.1(a) and 63.1.
- 1.4 When boats are provided by the Organising Authority they shall be deemed to conform to their class rules. When class rules change rule 42 such changes shall not apply.
- 1.5 Racing will be umpired.
- 1.6 Right of appeal is denied in accordance with rule 70.4(a)

2 Disclaimer and Insurance

- 2.1 The safety of a boat and her entire management shall be the sole responsibility of the person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the event. Neither these sailing instructions nor any inspection of the boat limits or reduces the absolute responsibility of the person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the person in charge or crew as a result of their taking part in the event.
- 2.2 When the boats are provided by the competitors, the person in charge of each boat warrants the suitability of the boat for the event and shall certify that the boat has third party liability insurance cover as required by the notice of race or, if not specified the least required under Irish law.

3 Eligibility

- 3.1 To become eligible a team shall register as required by the notice of race or, if not specified, on arrival at the event. The team shall provide any required damage deposit before going afloat for the first time.
- 3.2 After registration no team member may be changed without the prior permission of the race committee which will be given only in exceptional circumstances.

4 Notices to Competitors

Notices to competitors will be posted on the official notice board located in the race office used for the event unless a different location is specified in the appendix to these SIs.

5 Changes to Sailing Instructions

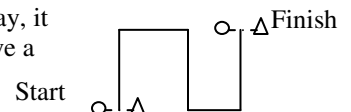
Changes to these SIs will be signalled by flying flag L from the shore signal position. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race.

6 Signals made Ashore

- 6.1 The shore signal position is the club flagpole unless a different location is specified in the appendix to these SIs.
- 6.2 When displayed ashore flag AP with two sound signals (one sound signal when lowered) means "Races not started are postponed". The warning signal for the next race will be made not less than ten minutes after flag AP is lowered. This amends race signal AP.

7 Event Format and Schedule of Races

- 7.1 Qualifying series Round robin, which may be of Swiss league format, if Swiss league is not used teams will be split into fleets comprising of 2 gold fleets 1 or 2 silver fleets and 1 or 2 bronze fleets. The exact format will be announced during the briefing. If this setup is used, the top 4 in each gold fleet will proceed to quarter finals and the top 8/4 in the single/two silver fleets will proceed into quarter finals. The top 4/2 teams in the single/2 bronze fleets will proceed to semi-finals. If Swiss league format is used for qualifiers the top 8 or 16 will be seeded to the knockout round for the gold prize, the subsequent groups will be seeded for quarter or semi finals as the organising authority sees fit. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors, these changes must be cleared by IUSA Officers.
- 7.2 The schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent rounds will be displayed not less than 10 minutes before the start of that phase of the competition.
- 7.3 Every race will be assigned a race number in the race schedule.
- 7.4 Unless otherwise specified in the appendix to these SIs, the race number will be displayed on the committee boat between the preparatory signal and start signal for that race. When the race number is displayed in this way, it overrides all prior communications, schedules or instructions. The race committee may at any time remove a particular race from the published sequence of races and run it at a later time.



8 The Course and Time Limit

- 8.1 The course will be a starboard hand 'S' course unless changed by the Race Committee. The legs of which will be approximately 200m, 75m, 200m, 75m, 200m. The lengths of the legs will be adjusted so that the race duration, after the Starting Signal, will usually be between 6 and 8 minutes
 - 8.1.1 the starting line will be between the mast of a committee boat and a starting mark;
 - 8.1.2 the finishing line will be between the mast of a committee boat and a finishing mark.

8.2 The race committee may move marks of the course. Rule 33 will not apply.

8.3 Unless otherwise specified in the appendix to these SIs, the time limit for each race will be 30 minutes. Boats failing to finish within 5 minutes after the first boat finishes will be scored NSF. This amends rule 35.

9 The Start

9.1 The starting signalling system is as follows: Warning Signal displayed by three flags and three hoots at three minutes, preparatory signal displayed by two flags and two hoots, a one minute warning signal is displayed at 1 minute and one flag is displayed. Start is one long horn and three flags for the next race flags are shown. This changes rule 26

9.2 When a boat is subject to rule 29.1 flag X need not be displayed after the starting signal; this amends rule 29.1. The race committee may hail the total number of premature starters or may hail the sail numbers of such premature starters as it can identify.

9.3 A boat that fails to start, other than a boat that is OCS and has not returned to the pre-start side of the starting line, within two minutes of her starting signal will be scored NSF.

9.4 After a general recall succeeding races may be delayed for the recalled race. Attention is drawn to SI 7.3.

9.5 Attention may be drawn to an imminent warning signal by a series of short sound signals. If flag AP has been flown, these signals may be used in place of the standard one minute interval. This amends race signal AP.

10 Protests and Penalties

10.1 Protests and requests for redress shall be delivered to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.

10.2 The protest committee may refuse to hear a protest or request for redress unless its outcome is relevant to progress, but not seeding, in the next round of the competition. This amends rule 63.1.

10.3 When rule D2.2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken rule 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with rule D3.1(c). This amends rule 63.1.

10.4 When a competitor breaks additional SI 1.8, buoyancy, or 1.9, wet or dry suits, in the SI appendix the competitor's team shall be penalised one race win without a hearing. This amends rule 63.1.

11 Boats

11.1 For each race the race committee will allocate boats to the participating teams.

11.2 Standing rigging may not be altered nor any gear removed without express permission of the race committee.

11.3 BREAKDOWNS

11.3.1 Competitors are responsible for inspecting their boats before racing.

11.3.2 When a boat is unable to continue racing, she shall retire immediately and report to the race committee.

11.3.3 The race committee shall decide redress in accordance with the RRS, but may seek advice from the race umpires or from a protest committee.

11.3.4 The race committee may postpone a resail indefinitely and score each team half a race win unless the result is relevant to progress, but not seeding, in the next round.

11.3 CONTINUITY

11.3.1 Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.

11.3.2 A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim. Any defects shall be reported to the race committee.

12 Other

12.1 A boat other than a firefly or vanguard that capsizes after her starting signal such that her masthead touches the water shall retire

12.2 A boat that capsizes after her starting signal and inverts such that both her gunwales are touching the water or gets her mast stuck in the bottom of the lake or sea shall retire

12.3 An adequate buoyancy aid or lifejacket shall be worn at all times whilst afloat

12.4 If an event is not completed due to bad weather it can not be resailed at a later date, but if the event is the National Intervarsity Championships the event may be re-sailed once as a one day event with a qualifying round and finals for teams which are in contention for winning the rankings.

13 Discipline

13.1 Any competitors found to be insubordinate or rude to the jurors will result in his team being instantly disqualified from their next race,

13.2 Any competitors found to be drinking alcohol on the club's premises that has not been purchased in the club's bar will have his team disqualified from the event.

13.3 An IUSA Officer with two other sailors from different universities or jurors will investigate any complaints [or refer to the Protest Committee for Rule 69 Protest], take evidence and may act by banning a team and/or college to which the offenders belong from the current and/or future events AND notify their college of the offence. There will be no appeal to this decision.